

## **Hong-Sau Technique Review**

**Sunday, May 7 - 12:30 pm**

All lesson students and Kriyabans are welcome to attend a review of the *Hong-Sau* technique, to be held in the chapel at 12:30 pm. The review will be conducted by one of Fullerton Temple's ministers. Anyone who is not a student but interested in attending the class, should complete and mail a lesson application to Self-Realization Fellowship headquarters prior to May 7, or apply online at the SRF website ([www.yogananda-srf.org](http://www.yogananda-srf.org)).

## **Swami Sri Yukteswar's Birthday Commemorative Service**

**Wednesday, May 10 - 8:00 pm**

A devotional service commemorating the Birthday of Swami Sri Yukteswar will take place on Wednesday, May 10. The service begins at 8:00 pm and is preceded by an optional one-hour meditation at 6:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service.

## **Flower Arranging Class And Beginners Garland Making Workshop**

**Saturday, May 13**

On Saturday, May 13, Fullerton Temple is offering a Flower Arranging Class starting at 9:30 am, and a Beginners Garland Making Workshop at 12:00 noon. These workshops will focus on the creation of the flower arrangements and garlands used in our temple services. All who would like to learn the skill are invited to attend. The flower arrangements created during the class will be sold the following day at the Mother's Day Flower Sale. Light refreshments will be served. Please sign up at the table in the courtyard after the service. **Mother's Day Flower Sale** is on **Sunday, May 14** immediately following the Service.

## **Monthly Service Day and Study Groups**

**Friday, May 19 – Gita Study Group from 7:30 pm to 9:00 pm**

**Saturday, May 20 – Study Group from 9:30 am, Service Day from 10:15 am**

The Gita Study Group will be held on Friday, May 19 at 7:30 pm. On Saturday, May 20, the Study Group for *Autobiography of a Yogi*, begins at 9:30 am. At 10:15 am, join in to help with cleaning, gardening, and light maintenance. There will be a break around midday for a 1/2-hour meditation, followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

## **Fullerton Temple Family Picnic**

**Sunday, May 21 - noon at Ted Craig Regional Park**

Immediately following the 11:00 am Lecture Service, everyone is invited to our annual family picnic at Ted Craig Regional Park. Drinks and barbecued veggie-burgers will be provided, but we need your help in rounding out the potluck by bringing a vegetarian entrée, salad, or a dessert. There will be games for the children and our annual balloon toss for everyone. Watch for flyers on the free literature table. We encourage carpooling as there is a parking fee of \$5.00 per vehicle. The park website address is <http://ocparks.com/parks/ted>.

## **Six Hour Meditation**

**Saturday, May 27 - 9:00 am to 3:00 pm**

Our Six Hour meditation starts at 9:00 am, with a break at 12:00 noon. Please join us on this special day as we tune in with God and the Great Ones. It is important that everyone arrive on time so as not to disturb those already meditating. *If you are not able to stay for the full six hours, please come at 9:00 am for the first half.* The regularly scheduled Saturday evening meditation has been cancelled.

### **Other May Events:**

- **Inspirational Service and Introduction to Meditation - Thursday, May 4, from 7:30 pm to 9:00 pm.**
- **Morning Meditation – Saturday, May 7, from 9:00 am to 11:00 am.**
- **Young Adult Group Meeting - Sunday, May 14, at 12:30 pm.**