

## **Morning Meditation**

*Saturday, September 2 - 9:00 am to 11:00 am*

On Saturday, September 2, there will be a two-hour meditation beginning at 9:00 am and lasting until 11:00 am. Please join us on this special day as we tune in with God and the Great Ones.

## ***Aum Technique Review***

*Sunday, September 3 - 12:30 pm*

All SRF Lessons students and Kriyabans are welcome to attend a review of the *Aum* technique, to be held in the Chapel at 12:30 pm. The review will be conducted by one of Fullerton Temple's ministers. Anyone who is not an SRF Lessons student but interested in attending the class, should complete and mail an SRF Lessons application to Self-Realization Fellowship headquarters prior to September 3, or apply online at the SRF website ([www.yogananda-srf.org](http://www.yogananda-srf.org)).

## **Fullerton Temple Young Adult Group & Teen Graduation Ceremony**

*Sunday, September 3 - 12:15 pm*

During our next Young Adult meeting on September 3, we will attend the Graduation of the teens and welcome them to the YAG Group. The ceremony will begin at 12:15 pm.

## **Monthly Service Day and Study Groups**

*Friday, September 8 – Gita Study Group from 7:30 pm to 9:00 pm*

*Saturday, September 9 – Study Group: 9:30 am; Service Day: 10:15 am*

The weekend of fellowship begins Friday evening, September 8 at 7:30 pm with the Gita Study Group. On Saturday, September 9, the Study Group for *Autobiography of a Yogi*, begins at 9:30 am, led by a monastic. At 10:15 am join in to help with cleaning, gardening, and light maintenance with a break around midday for a 1/2 hour meditation, followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

## **Family Movie Night**

*Friday, September 22 - 7:00 pm*

On Friday, September 22, Fullerton Temple will be sponsoring the annual Family Movie Night. The evening will begin with banana splits served at 7:00 pm, followed by a showing of the movie "**Kubo and the Two Strings**". Our Fullerton Temple Teen Group will be helping in hosting this event. This is a Fullerton Temple family event, and everyone is welcome.

## **Commemorative Services for Lahiri Mahasaya**

*Mahasamadhi, Tuesday, September 26; Meditation 6:30 pm, Service 8:00 pm*

*Birthday, Saturday, September 30 ; Meditation 3:00 pm to 7:30 pm, Service 8:00 pm*

Devotional services honoring the birth and Mahasamadhi of Lahiri Mahasaya will be held this month. The Mahasamadhi Commemorative Service will begin at 8:00 pm and is preceded by an optional one-hour meditation that begins at 6:30 pm. The Birthday Commemorative Service will begin at 8:00 pm and is preceded a **long meditation** starting at **3:00 pm** and **ending at 7:30 pm**. It is customary to bring a flower and a donation in an envelope to offer during these commemorative services.

## **Other September Events:**

**Inspirational Service and Introduction to Meditation - Thursday, September 7 at 7:30 pm**

**Young Adult Group Car Wash Fundraiser - Sunday, September 10 at 12:00 noon. Each Car Wash is 10 dollars and all proceeds will go to the non-profit organization, "Second Chance Pet Adoptions".**

## **Upcoming October Events:**

**Open House/Film: Sunday, October 1 at 12:00 noon**