

Inspirational Service & Introduction to Meditation

Thursday, January 4 - Kirtan from 7:30 pm to 8:00 pm; Meditation from 8:00 pm to 9:00 pm

We will have our Inspirational Service and Introduction to Meditation on the first Thursday, January 4 at 7:30 pm. We start our evening Service with Kirtan at 7:30 pm, followed by Meditation at 8:00 pm. You will learn simple yet profound methods of meditation and will get acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, founder of Self-Realization Fellowship. Light refreshments will be served after the service.

Paramahansa Yogananda's Birthday Commemorative Service

Friday, January 5 - 8:00 pm

A devotional service commemorating the Birthday of Paramahansa Yogananda will take place on Thursday, January 5. The service begins at 8:00 pm and is preceded by an optional one-hour meditation from 6:30 pm to 7:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service. Immediately following, we will gather in the Social Room to sing "Happy Birthday" to Guruji and serve his traditional birthday cake.

Christmas Decoration Take Down

Sunday, January 7 - 12:00 noon

Immediately after our morning service, all the Christmas decorations that have adorned our Temple through the holidays must come down and be packed away. Please meet in the Social Room after the service if you wish to help.

Paramahansa Yogananda's Commemorative Meditation

Saturday, January 13 - 9:00 am to 3:00 pm

The Commemorative Meditation begins at 9:00 am and concludes at 3:00 pm with a 30-minute break at approximately the halfway point. It is customary to bring an offering and fruit to the Commemorative Meditation. All students and friends of Self-Realization Fellowship are encouraged to attend this special meditation dedicated to Paramahansa Yogananda. The Saturday evening meditation is canceled.

Monthly Service Day and Study Groups

Friday, January 19 – Gita Study Group from 7:30 pm to 9:00 pm

Saturday, January 20 – Study Group: 9:30 am; Service Day: 10:15 am

The weekend of fellowship begins Friday evening, January 19 at 7:30 pm with the Gita Study Group. On Saturday, January 20, the Study Group for *Autobiography of a Yogi*, begins at 9:30 am, led by Brother Devananda. At 10:15 am join in to help with cleaning, gardening, and light maintenance with a break around midday for a 1/2-hour meditation, followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

Fellowship Sunday

Sunday, January 21 - 12:30 pm

Everyone is welcome to attend our Fellowship Sunday, January 21 after the lecture service in the Social Room. This is a great opportunity to see what goes on behind the scenes, make friends, get involved with temple activities, and meet informally with our minister. Light refreshments will be provided, and all are welcome.

Other January Events:

Fullerton Temple Young Adult Group (YAG) Sunday, January 7 – 12:30 pm

Self-Realization Fullerton Temple offers special activities for adults between the ages of 18 and 39. Our next meeting at the Fullerton Temple with monastics will be on Sunday, January 7 at 12:30 pm.

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You can also receive information on Temple activities and events via email by subscribing to our eNewsletter from our Temple website, [www.fullertontemple.org](http://www.fullertontemple.org).