

Morning Meditation

Saturday, September 1 - 9:00 am to 11:00 am

On Saturday, September 1, there will be a two-hour meditation beginning at 9:00 am and lasting until 11:00 am. Please join us on this special day as we tune in with God and the Great Ones.

Janmashtami Commemorative Service

Sunday, September 2 - Meditation 6:30 pm / Service 8:00 pm

A devotional service commemorating the birthday of Bhagavan Krishna will take place on Sunday, September 2. The service begins at 8:00 pm and is preceded by an optional one-hour meditation at 6:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service. All are welcome.

Inspirational Service with Introduction to Meditation

Thursday, September 6 - 7:30 pm to 9:00 pm

The first Thursday service of each month is scheduled as an Inspirational Service with Introduction to Meditation. On September 6, the service will include a guided meditation and provide a chance to invite interested family and friends to learn more about yoga meditation and the SRF teachings. Those who are experienced in meditation will get tips for going deeper. We will begin at 7:30 pm with kirtan chanting, and the guided meditation will begin at 8:00 pm.

Monthly Service Day and Study Groups

Friday, September 7 – Gita Study Group from 7:30 pm to 9:00 pm

Saturday, September 8 – Study Group: 9:30 am; Service Day: 10:15 am

The weekend of fellowship begins Friday evening, September 7 at 7:30 pm with the Gita Study Group. On Saturday, September 8, the Study Group begins at 9:30 am, led by a monastic. At 10:15 am join in to help with cleaning, gardening, and light maintenance with a break around midday for a 1/2 hour meditation, followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

Aum Technique Review Class

September 16- 12:30 pm

All SRF Lessons students and Kriyabans are welcome to attend a review of the Aum technique, to be held in the Chapel at 12:30 pm. The review will be conducted by one of Fullerton Temple's ministers. Anyone who is not an SRF Lessons student but interested in attending the class, should complete and mail an SRF Lessons application to Self-Realization Fellowship headquarters prior to September 3, or apply online at the SRF website (www.yogananda-srf.org).

Commemorative Services for Lahiri Mahasaya

Mahasamadhi, Wednesday, September 26; Meditation 6:30 pm to 7:30 pm, Service 8:00 pm

Birthday, Sunday, September 30 ; Meditation 6:30 pm to 7:30 pm, Service 8:00 pm

Devotional services honoring the birth and Mahasamadhi of Lahiri Mahasaya will be held this month. Both Commemorative Services will begin at 8:00 pm and are preceded by an optional one-hour meditation that begins at 6:30 pm. It is customary to bring a flower and a donation in an envelope to offer during these commemorative services.

Six Hour Meditation

Saturday, September 29 - 9:00 am to 3:00 pm

Our Six Hour meditation starts at 9:00 am, with a break at 12:00 noon. Please join us on this special day as we tune in with God and the Great Ones. It is important that everyone arrive on time so as not to disturb those already meditating. ***If you are not able to stay for the full six hours, please come at 9:00 am for the first half.*** The regularly scheduled Saturday evening meditation has been canceled.

Advanced Garland Class

Sunday September 30-12:30 pm

An Advanced Garland Class will be held at 12:30 pm for those who have completed the garland class before or are participating in the Garland Committee. The garland prepared during the class will be used during Lahiri Mahasaya's Birthday Service.

Other September Events:

Young Adult Group Meeting - Sunday, September 2 at 12:30 pm