

# Self-Realization Fellowship Temple

## Temple Activities

## Fullerton

## February 2019

www.fullertontemple.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 <b><u>Morning Meditation</u></b> 9:00 - 11:00 am <b><u>Group Meditation</u></b> Energization Exercises 6 pm Meditation 6:20 - 9:00 pm
3 <b><u>Sunday Services</u></b> Meditation 10:00 - 10:45 am Lecture Service 11:00 am - noon Sunday School 11:00 am - noon <b><u>Young Adult Group</u></b> 12:30 pm	4	5	6	7 <b><u>Inspirational Service and Introduction to Meditation</u></b> Kirtan 7:30 - 8:00 pm Meditation 8:00 - 9:00 pm	8	9 <b><u>Group Meditation</u></b> Energization Exercises 6 pm Meditation 6:20 - 9:00 pm
10 <b><u>Sunday Services</u></b> Meditation 10:00 - 10:45 am Lecture Service 11:00 am - noon Sunday School 11:00 am - noon <b><u>Valentine's Day Bake Sale</u></b> 12 noon	11	12	13	14 <b><u>Lecture Service</u></b> 8:00 - 9:00 pm	15 <b><u>Bhagavad Gita Study Group</u></b> 8:00 - 9:00 pm Optional Meditation 7:30 - 8:00 pm	16 <b><u>Study Group/Service Day</u></b> "Autobiography of a Yogi" 9:30 am - 3:00 pm <b><u>Group Meditation</u></b> Energization Exercises 6 pm Meditation 6:20 - 9:00 pm
17 <b><u>Sunday Services</u></b> Meditation 10:00 - 10:45 am Lecture Service 11:00 am - noon Sunday School 11:00 am - noon	18	19	20	21 <b><u>Satsanga</u></b> (Answers to SRF Questions) 8:00 - 9:00 pm	22	23 <b><u>Six-Hour Meditation</u></b> 9:00 am - 3:00 pm Evening Meditation Canceled
24 <b><u>Sunday Services</u></b> Meditation 10:00 - 10:45 am Lecture Service 11:00 am - noon Sunday School 11:00 am - noon	25	26	27	28 <b><u>Lecture Service</u></b> 8:00 - 9:00 pm		