## Young Adult Group Meeting

### Saturday, March 3 - 12:30 pm

Fullerton Temple offers special activities, led by a minister of Self-Realization Fellowship, for adults between the ages of 18 and 39.

#### **Commemorative Services**

### <u>Paramahansa Yogananda Mahasamadhi - Thursday March 7</u> <u>Swami Sri Yukteswar Mahasamadhi - Saturday, March 9</u> <u>Optional meditation 6:30 pm -7:30 pm; Service 8:00 pm</u>

A devotional service commemorating the Mahasamadhi of Paramahansa Yogananda will take place on Thursday, March 7. On Saturday, March 9, there will be a devotional service commemorating the Mahasamadhi of Swami Sri Yukteswar. On both evenings, the service begins at 8:00 pm and is preceded by an optional one-hour meditation at 6:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service. (*Regularly scheduled Inspirational Service & Introduction to Meditation is canceled on March 7 Regularly scheduled evening meditation is canceled on March 9.*)

### Technique Review – Hong Sau Sunday, March 10 - 12:30 pm

All SRF lessons students and Kriyabans are welcome to attend a review of the Hong Sau Technique. The review will be conducted by a Self Realization Fellowship minister. Please bring your Kriyaban or Lesson Student card on the day of the event. Anyone who is not an SRF Lessons student, but interested in attending the class, should apply for the lesson online (<a href="https://yogananda.org/lessons">https://yogananda.org/lessons</a>).

### **Service Day**

### Saturday, March 16 - 10:00 am to 2:00 pm

Help keep our temple beautiful. Join us for the monthly Service Day. Enjoy fellowship as we help with cleaning, gardening, and light maintenance. We will break around midday for a 1/2-hour meditation followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

# Hong Sau Ceremony for Teens <u>Sunday, March 17 - 11:00 am to 2:30 pm</u>

Teen Group is sponsoring a Hong Sau Celebration at Fullerton temple inviting young devotees from the local temples on Sunday, March 17th. Interested devotes ages 13-19 can participate. Teen Group starts at 11:00 in the cottage. Teens will transition into the temple for the minister led discussion of the technique at 12:30 pm. The event will conclude with social time for the participants. Please sign up in advance for this special event with a Teen facilitator in the teen room or outside the temple after service. We are looking forward to a beautiful Hong Sau celebration for Master's young devotees from Fullerton temple and other local temples on Sunday, March 17th.

### **Good Friday Meditation**

### Friday, March 29 - 6:00 to 8:00 pm

There will be a Special Meditation commemorating Good Friday. Please join us as we tune in with the Christ Consciousness during this holy season.

### **Easter Sunrise Service**

### Sunday, March 31

### Easter Meditation, 8:00 am; Easter potluck Breakfast, 9:00 am

On Easter Sunday, please join us for our Easter Meditation at 8:00 am, followed by our annual Easter Potluck Breakfast at 9:00 am. Children are invited to join their parents for breakfast, but they should remain with their parents during breakfast. There will be crafts and games for children starting at 10:00 am. The regularly scheduled 10:00 am meditation has been canceled, but our 11:00 am Morning Lecture Service will be at its regularly scheduled time.

You can also receive information on Temple activities and events by calling 714-525-1291 or via email by subscribing to our **eNewsletter** from our Temple website, <u>www.fullertontemple.org</u>.