

Self-Realization Fellowship Temple Announcements

August 2022

Group meditation

Saturday August 6, 13, 20 and 27 – 6 pm to 8 pm

Our group meditation starts at 6:00 pm with 20 minute energization exercises. For those who wish to participate but that cannot stay for the entire duration, please come at the beginning of the session.

Young Adult Group Meeting

Sunday, August 7 - 12:30 pm to 1:30 pm

For young adults between the ages of 18 and 39, Fullerton Temple offers special activities. This month's meetup will be led by a minister of Self-Realization Fellowship in the cottage after the Sunday service.

Self-Realization Fellowship World Convocation

Sunday, August 14 to Saturday, August 20

Self-Realization Fellowship cordially invites all to the 2022 World Convocation, an inspiring week of spiritual fellowship and classes on the teachings of Paramahansa Yogananda. Please check convocation.yogananda.org for the registration and online event schedules.

Janmashtami Commemorative Service (at Convocation)

Thursday, August 18 - 7:30 pm to 8:30 pm

A devotional service commemorating the birthday of Bhagavan Krishna will be held during Convocation. This special service replaces the service that would normally be held at the Fullerton Temple. Please check convocation.yogananda.org for the details of the service, and how to connect online.

Upcoming Events:

We are happy to announce that we will resume our "Introduction to Meditation" inspirational services on the first Thursday of each month, starting on Thursday, September 1. The evening begins with Kirtan at 7:30 pm, followed by the service at 8 pm. You will learn simple yet profound methods of meditation and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, founder of Self-Realization Fellowship. (Please note that, at this time, only the first Thursday evenings of each month are scheduled for services at Fullerton Temple.)

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*You can also receive information on Temple activities and events via email by subscribing to our eNewsletter from our Temple website, [www.fullertontemple.org](http://www.fullertontemple.org).*