

# ***Self-Realization Fellowship Fullerton Temple Announcements***

## ***September 2022***

### **Inspirational Service & Introduction to Meditation**

**Thursday, September 1 - Kirtan - 7:30 to 8:00 pm;**

**Meditation from 8:00 - 9:00 pm**

We are happy to announce that we will resume our "Introduction to Meditation" inspirational services on the first Thursday of each month, starting on Thursday, September 1. The evening begins with Kirtan chanting at 7:30 pm, followed by the service at 8:00 pm. You will learn simple yet profound methods of meditation and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, founder of Self-Realization Fellowship. (Please note that, at this time, only the first Thursday evening of month is scheduled for the evening service at Fullerton Temple.)

### **Young Adult Group Meeting**

**Sunday, September 4 - 12:30 to 1:30 pm**

Fullerton Temple offers special activities, led by a minister of Self-Realization Fellowship, for adults between the ages of 18 and 39.

### **Monthly Service Day**

**Saturday, September 17 - 10:00 am to 1:00 pm**

Help keep our Temple beautiful. Join us for monthly Service Day. Enjoy fellowship as we help with cleaning, gardening, and light maintenance. We will break around midday for a 1/2 hour meditation followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

### **Commemorative Services for Lahiri Mahasaya**

**Mahasamadhi, Monday, September 26;**

**Birthday, Friday, September 30**

**Meditation 6:30 pm, Service 8:00 pm**

Two devotional Commemorative services honoring the Mahasamadhi and the Birthday of Lahiri Mahasaya will be held this month. Both services will begin at 8:00 pm, and are preceded by a one-hour meditation that begins at 6:30 pm. It is customary to bring a flower and a donation in an envelope to offer during these commemorative services.

### ***Upcoming Events:***

- General Temple Meeting: Sunday October 16 from 12:30 pm to 1:30 pm in the Social room
- Kriyaban Ceremony: Saturday October 22 at 6 pm
- Annual Food Drive begins Sunday, October 23 to November 13

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*You can also receive information on Temple activities and events via email by subscribing to our eNewsletter from our Temple website, [www.fullertontemple.org](http://www.fullertontemple.org).*