

# ***Self-Realization Fellowship Fullerton Temple Announcements November 2022***

## **Inspirational Service & Introduction to Meditation**

**Thursday, November 3 - Kirtan - 7:30 to 8:00 pm**

**Meditation - 8:00 to 9:00 pm**

The evening begins with Kirtan chanting at 7:30 pm, followed by the service at 8:00 pm. You will learn simple yet profound methods of meditation and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, founder of Self-Realization Fellowship. (Please note that, at this time, only the first Thursday evening of the month is scheduled for the evening service at Fullerton Temple.)

## **Young Adult Group Meeting**

**Sunday, November 6 - 12:30 to 1:30 pm**

Fullerton Temple offers special activities, led by a minister of Self-Realization Fellowship, for adults between the ages of 18 and 39.

## **Service Day**

**Saturday, November 19 - 10:00 am to 1:00 pm**

Help keep our Temple beautiful. Join us for monthly Service Day. Enjoy fellowship as we help with cleaning, gardening, and light maintenance. We will break around midday for a 1/2 hour meditation followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

## **Thanksgiving Food Drive**

**Sunday, October 23 to Sunday, November 13**

Please bring nonperishable food items such as canned, dried and bottled food to the Social Room before or after the service. We ask that you donate easy-to-open individual items. The food will be donated to the Pathways of Hope Distribution Center in Fullerton. Thank you for your support!

## **Christmas Toy Drive**

**Sunday, November 20 to Sunday, December 11**

Please bring any new unwrapped toys to the Social Room before or after the service. Gift cards from Target are also appreciated for young people ages 12 and over. Gift cards may be placed in the special gift box in the foyer. Toys and gift card donations will be distributed through Pathways of Hope in Fullerton. Thank you for helping make the holidays brighter for local families.

### ***Upcoming Events:***

- Christmas Temple Decorations Saturday, December 3<sup>rd</sup> 10:00 am preceded by 1 hour meditation beginning at 9:00 am
- Young Adult Group Meetup December 4<sup>th</sup> from 12:30 to 1:30 pm
- All Day Christmas Meditation December 17<sup>th</sup> from 10:00 am – 6:00 pm
- Sunday School Christmas Party December 18<sup>th</sup> from 12:00 pm
- Adult and Teen Christmas Party December 18<sup>th</sup> from 5:30 pm
- New Year's Eve Meditation: December 31<sup>st</sup> from 9:30 pm to January 1<sup>st</sup> 2023, 12:30 am

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*You can also receive information on Temple activities and events via email by subscribing to our **eNewsletter** from our Temple website, [www.fullertontemple.org](http://www.fullertontemple.org).*