

Self-Realization Fellowship Fullerton Temple Announcements ***May 2023***

Inspirational Service & Introduction to Meditation

Thursday, May 4

Kirtan - 7:30 to 8:00 pm; Meditation - 8:00 to 9:00 pm

The evening begins with Kirtan chanting at 7:30 pm, followed by the service at 8:00 pm. You will learn simple yet profound methods of meditation and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, founder of Self-Realization Fellowship. (Please note that, at this time, only the first Thursday evening of the month is scheduled for the evening service at Fullerton Temple.)

Spring Food Drive

Sunday, May 7 to Sunday, May 28

Our annual Spring Food Drive at Fullerton Temple begins on Sunday, May 7 and ends on Sunday May 28. Please bring nonperishable food items such as canned, dried and bottled food to the Social Room before or after the service. We ask that you donate easy-to-open individual items. The food will be donated to the Pathways of Hope Distribution Center in Fullerton. Thank you for your support.

Swami Sri Yukteswar's Birthday Commemorative Service

Wednesday, May 10 - 8:00 pm

A devotional service commemorating the birthday of Swami Sri Yukteswar will take place on Tuesday, May 10. The service begins at 8:00 pm and is preceded by an optional one-hour meditation at 6:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service.

Flower Arranging and Beginners Garland Workshops

Saturday, May 13 - 9:00 am to 2:30 pm

On Saturday, May 13, Fullerton Temple is offering a Flower Arranging Class starting at 9:00 am, and a Beginners Garland Making Workshop at 12:00 noon. These workshops will focus on the creation of the flower arrangements and garlands used in our temple services. All who would like to learn the skill are invited to attend. Light refreshments will be served. Please sign up at the table in the courtyard after the service.

Service Day

Saturday, May 20 - 10:00 am to 1:00 pm

Help keep our temple beautiful. Join us for monthly Service Day. Enjoy fellowship as we help with cleaning, gardening, and light maintenance. We will break around midday for a 1/2-hour meditation followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

Annual Fullerton Temple Family Picnic

Sunday, May 21 - 12:30 to 2:30 pm

Immediately following the 11:00 am lecture service, everyone is invited to our Annual Fullerton Temple Family Picnic at Ralph B. Clark Regional Park. Drinks and barbequed veggie-burgers will be provided, but we need your help in rounding out the potluck by bringing a vegetarian entrée, a salad, and/or a dessert. There will be games for the children and our annual water-balloon toss for everyone. Watch for flyers on the free literature table. We encourage carpooling as there is a parking fee of \$5.00 per vehicle. The park website address is:

www.ocparks.com/parks/ralph

Other May Events:

Young Adult Group meeting - Sunday, May 7

Mother's Day Flower Sale Fundraiser: May 14

Upcoming Event: Aum Technique Review class June 11

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*You can also receive information on Temple activities and events via email by subscribing to our eNewsletter from our Temple website.*