

## **Inspirational Service & Introduction to Meditation**

**Thursday, September 5**

**Kirtan - 7:30 to 8:00 pm; Meditation - 8:00 to 9:00 pm**

The evening begins with Kirtan chanting at 7:30 pm, followed by the service at 8:00 pm. You will learn simple yet profound methods of meditation and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, founder of Self-Realization Fellowship.

## **Young Adult Group Meeting**

**Sunday, September 8 - 12:30 to 1:30 pm**

Fullerton Temple offers special activities, led by a minister of Self-Realization Fellowship, for adults between the ages of 18 and 39. The meeting will now be held in the Social Room.

## **Service Day**

**Saturday, September 14 - 10:00 am to 2:00 pm**

Help keep our temple beautiful. Join us for the monthly Service Day. Enjoy fellowship as we help with cleaning, gardening, and light maintenance. We will break around midday for a 1/2-hour meditation followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

## **Pilgrimage to Lake Shrine Temple**

**Saturday, September 21 - 10:00 am to 2:30 pm**

Our pilgrimage to Self-Realization Fellowship Lake Shrine Temple is on Saturday, September 21. Bus service is not available this year. There is plenty of parking available on the upper level but those who wish to carpool may arrange it with your friends. We will meet in the upper parking lot at 10:00 am. The visit will include a talk by Bro. Anantananda, the Lake Shrine 50<sup>th</sup> anniversary film and a group photo and free time to visit the lake, the windmill chapel (open till 2:30 pm), the houseboat and the museum and gift shop. Registration starts September 1 after the service. Please bring your own lunch. For more details, please pick up a flyer, or check our website. [www.fullertontemple.org](http://www.fullertontemple.org)

## **Lahiri Mahasaya Commemorative Services**

**Mahsamadhi, Thursday, September 26 ; Birthday, Monday, September 30**

**Meditation 6:30 to 7:30 pm, Service 8:00 pm**

Two devotional Commemorative services honoring the Mahasamadhi and the Birthday of Lahiri Mahasaya will be held this month. Both services will begin at 8:00 pm and are preceded by a one-hour meditation that begins at 6:30 pm. It is customary to bring a flower and a donation in an envelope to offer during these commemorative services.

## **Six-Hour Meditation**

**Saturday, September 28 - 9:00 am to 3:00 pm**

A six-hour meditation will be led by lay disciples accompanied by the Temple's Kirtan group. There will be an intermission halfway through this long meditation. (*The Saturday evening meditation is canceled.*)

## **Garland Making Workshop**

**Sunday, September 29 - 12:30 to 2:30pm**

There will be a beginners and advanced garland-making workshop beginning at 12:30 pm in the Cottage and light refreshments will be served. All who would like to learn the skills of making garlands are welcome to attend. Please sign up at the table outside the temple on Sunday, September 15 & 22.

## **Upcoming Events:**

**Kriyaban Ceremony:** Saturday, October 5, 5:30-8:30 pm

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You can also receive information on Temple activities and events via email by subscribing to our eNewsletter from our Temple website, [www.fullertontemple.org](http://www.fullertontemple.org).