

Inspirational Service & Introduction to Meditation

Thursday, January 2

Kirtan - 7:30 to 8:00 pm; Meditation - 8:00 to 9:00 pm

The evening begins with Kirtan chanting at 7:30 pm, followed by the service at 8:00 pm. You will learn simple yet profound methods of meditation and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, founder of Self-Realization Fellowship

Young Adult Group Meeting

Sunday, January 5 - 1:00 to 2:00 pm.

Young Adult group meeting led by a minister of Self-Realization Fellowship will follow immediately after the Christmas decorations take down.

Paramahansa Yogananda's Birthday Commemorative Service

Sunday, January 5 - 8:00 pm

A devotional service commemorating the birthday of Paramahansa Yogananda will take place on Friday, January 5. The service begins at 8:00 pm and is preceded by an optional one-hour meditation from 6:30 pm to 7:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service. Immediately following, we will gather in the Social Room to sing "Happy Birthday" to Guruji and serve his traditional birthday cake.

Paramahansa Yogananda's Birthday Commemorative Meditation

Saturday, January 11 - 9:00 am to 3:00 pm

The Commemorative Meditation begins at 9:00 am and concludes at 3:00 pm with a 30-minute break at approximately the halfway point. It is customary to bring an offering and fruit to the Commemorative Meditation. All students and friends of Self-Realization Fellowship are encouraged to attend this special meditation dedicated to Paramahansa Yogananda. (*The Saturday evening meditation is canceled.*)

Christmas Decoration Take Down

Sunday, January 12 - 12:00 to 1:00 pm

Immediately after our morning service, all the Christmas decorations that have adorned our Temple through the holidays must come down and be packed away. Please meet in the Social Room after the service if you wish to help.

Service Day

Saturday, January 18 - 10:00 am to 1:00 pm

Help keep our Temple beautiful. Join us for the monthly Service Day. Enjoy fellowship as we help with cleaning, gardening, and light maintenance. We will break around midday for a half-hour meditation followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

Adult Group Meeting

Sunday, January 26 - 12:30 to 1:30 pm.

Our inaugural adult group meeting will be held on Sunday, January 26 at 12:30 pm in the Social Room. Led by a minister of Self-Realization Fellowship this group is open to all adult devotees ages 40 and up.

Upcoming Events:

Young Adult Group Meeting – Sunday February 2, 12:30 – 1:30 pm

Valentine Day's Bake Sale – Sunday February 9, 12:30 – 1:30 pm

Nuns' Kirtan – Saturday February 15, 5:00 pm – 7:00 pm

Valentine Day's Bake Sale – Sunday February 9, 12:30 – 1:30 pm

Adult Group Meeting – Sunday, February 16, 12:30 – 1:30 pm

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You can also receive information on Temple activities and events via email by subscribing to our **eNewsletter** from our Temple website, [www.fullertontemple.org](http://www.fullertontemple.org).