## Kriyaban Retreat

## Saturday, March 1 - 9:00 am to 3:00 pm

Fullerton Temple will have a minister-led Kriyaban Retreat on Saturday, March 1, from **9 am-3 pm**. The retreat is open to all Kriyabans, and will include Kriya review, meditation with kirtan, and an opportunity for Kriya checks. Pre-registration is not required, but please be prepared to show your Kriyaban card or app upon arrival. Please bring your own midday snack; juice and water will be provided. (*The regularly scheduled evening meditation is canceled.*)

## Young Adult Group Meeting Sunday, March 2 - 12:30 to 1:30 pm

Fullerton Temple offers special activities, led by a minister of Self-Realization Fellowship, for adults between the ages of 18 and 39. The meeting will be held in the Social Room.

## Inspirational Service and Introduction to Meditation

Thursday, March 6

Kirtan - 7:30 to 8:00 pm / Service - 8:00 to 9:00 pm

The evening begins with Kirtan chanting at 7:30 pm, followed by the service at 8:00 pm. You will learn simple yet profound methods of meditation and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, founder of Self-Realization Fellowship.

### **Commemorative Services**

Paramahansa Yogananda Mahasamadhi – Friday, March 7 Swami Sri Yukteswar Mahasamadhi - Sunday, March 9 Optional meditation 6:30 -7:30 pm / Service 8:00 pm

A devotional service commemorating the Mahasamadhi of Paramahansa Yogananda will take place on Friday, March 7. On Sunday, March 9, there will be a devotional service commemorating the Mahasamadhi of Swami Sri Yukteswar. On both evenings, the service begins at 8:00 pm and is preceded by an optional one-hour meditation at 6:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service.

# Six-Hour Meditation Saturday, March 22 - 9:00 am to 3:00 pm

A six-hour meditation will be led by lay disciples accompanied by the Temple's Kirtan group. There will be an intermission halfway through this long meditation. (*The regularly scheduled evening meditation is canceled.*)

## Pilgrimage to Mother Center Saturday, March 29 - 1:00 to 4:00 pm

Our pilgrimage to Self-Realization Fellowship Mother Center is on Saturday, March 29. Please meet at the Wishing Well, just before the main administration building. We will tour the grounds, meditate in the chapel, and Master's shrine will be open. Pre-registration is not required. A bus service is not available, and the neighborhood parking is limited, so we encourage you to carpool with your friends. (*The regularly scheduled evening meditation is canceled.*)

#### **Upcoming Events:**

- Young Adult Group meeting Sunday, April 6
- Good Friday Friday, April 18
- Easter Sunday, April 20

You can also receive information on Temple activities and events via email by subscribing to our **eNewsletter** from our Temple website, www.fullertontemple.org.