

Young Adults Group Meeting
Sunday, March 1 - 12:30 to 1:30 pm

Fullerton Temple offers special activities led by a minister of Self-Realization Fellowship for adults ages 18 to 40. The meeting will be held in the Social Room.

Introduction to Yoga Meditation and Kirtan
Thursday, March 5

Kirtan - 7:30 to 8:00 pm / Service - 8:00 to 9:00 pm

The evening begins with Kirtan chanting at 7:30 pm, followed by the service at 8:00 pm. You will learn simple yet profound meditation methods and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, the founder of Self-Realization Fellowship.

Commemorative Services

Paramahansa Yogananda Mahasamadhi – Saturday, March 7
Swami Sri Yukteswar Mahasamadhi - Monday, March 9
Meditation 6:30 -7:30 pm / Service 8:00 pm

A devotional service commemorating the Mahasamadhi of Paramahansa Yogananda will take place on Saturday, March 7. On Monday, March 9, there will be a devotional service commemorating the Mahasamadhi of Swami Sri Yukteswar. On both evenings, the service begins at 8:00 pm and is preceded by a one-hour meditation at 6:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service.

Service Day

Saturday, March 21 - 10:00 am to 2:00 pm

Help keep our temple beautiful. Join us for the monthly Service Day. Enjoy fellowship as we help with cleaning, gardening, and light maintenance. We will break around midday for a half-hour meditation followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

Welcome Sunday

Sunday, March 22 - 12:30 to 1:30 pm

Please join us for our "Welcome Sunday." This is a special event for newcomers and friends of Self-Realization Fellowship and our guru' Paramahansa Yogananda's teachings. This social event will be held after the lecture service, and you will be able to meet informally with the temple ministers and the members of our temple family. Refreshments will be served. All are welcome.

Six-Hour Meditation

Saturday, March 28 - 9:00 am to 3:00 pm

A six-hour meditation will be led by lay disciples accompanied by the Temple's Kirtan group. There will be an intermission halfway through this long meditation. *(The regularly scheduled evening meditation is canceled.)*

Encinitas Pilgrimage

Saturday, April 11 - 10:00 am to 3:00 pm

Please join us for a pilgrimage to Encinitas Hermitage and Gardens on Saturday, April 11. A limited number of bus seats will be available. Whether you take the bus or drive yourself, please sign up after the service on March 15, so we have an accurate count. Don't miss this special day!

Upcoming Events:

- **Good Friday Meditation**– Friday, April 3; **Easter** – Sunday, April 5; **Young Adults Group Meeting** – April 12

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You can also receive information on Temple activities and events via email by subscribing to our **eNewsletter** from our Temple website, [www.fullertontemple.org](http://www.fullertontemple.org).