

Introduction to Yoga Meditation and Kirtan

Thursday, July 2

Kirtan - 7:30 to 8:00 pm / Service - 8:00 to 9:00 pm

The evening begins with Kirtan chanting at 7:30 pm, followed by the service at 8:00 pm. You will learn simple yet profound meditation methods and become acquainted with the Kriya Yoga teachings of Paramahansa Yogananda, the founder of Self-Realization Fellowship.

Saturday Evening Meditations Canceled

Saturday, July 4 and July 11

India Night

Saturday, July 11 – 5:30 to 8:30 pm

Please join Fullerton Temple for an enchanting evening in celebration of India's marvels. Spiritual fellowship, a delicious Indian dinner, and a spiritual story performed by the Young Adults of Fullerton Temple will commemorate the occasion. Seats are limited, and we expect the event to sell out, so please purchase your tickets in advance. Sign up to volunteer and buy tickets with cash or a check at the Special Events table in the courtyard after Sunday Services. Tickets are also available by credit card in the Bookroom.

Service Day

Saturday, July 18, 10:00 am to 2:00 pm

Help keep our temple beautiful. Join us for the monthly Service Day. Enjoy fellowship as we help with cleaning, gardening, and light maintenance. We will break around midday for a 1/2-hour meditation followed by a delicious vegetarian lunch. Everyone is welcome to attend this day of fellowship at Fullerton Temple.

IHD Table

Sunday, July 19, 12 pm

The International Help Desk volunteers will be available after the service to assist devotees with registering for Convocation and, of course, for any other tech issues. on July 19. They are happy to help devotees sign up for the Lessons and answer questions about their SRF account and Phone App.

Mahavatar Babaji Commemoration Service

Saturday, July 25 - Meditation 6:30 to 7:30 pm; Service 8:00 pm

A devotional service commemorating Mahavatar Babaji will take place on Friday, July 25. The service begins at 8:00 pm and is preceded by a one-hour meditation at 6:30 pm. It is customary to bring a flower and a donation in an envelope to be offered during the service. (*The Saturday evening meditation is canceled.*)

Meetings

Young Adults Group Meeting: Sunday, July 12 – 12:30 to 1:30 pm

Adults (40-60) Group Meeting: Saturday, July 18 – 2:15 to 3:45 pm

Senior Adults Group Meeting: Sunday, July 26 – 12:30 to 1:30 pm

All meetings will be held in the Social Room unless announced otherwise.

Upcoming Events:

- **2026 SRF World Convocation** – Sunday, August 2 to Saturday, August 8
- **Six-Hour Meditation** – Saturday, August 22, 9:00 am – 3:00 pm

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You can also receive information on Temple activities and events via email by subscribing to our **eNewsletter** from our Temple website, [www.fullertontemple.org](http://www.fullertontemple.org).